DEAR PARENTS, STAFF, STUDENTS & FRIENDS

As you read this newsletter you will be aware that the year is in full swing with much cause for celebration already...

SCIENCE CENTRE: NOW FULLY OPERATIONAL
We have had an exciting start to the beginning of 2012 with our new Science Centre being fully operational. Our Science students and teachers are thrilled with this state of the art facility. I am certain this new centre, together with excellent teaching, will continue to produce many students who undertake successful careers in Science. Many of our 2011 graduates have been accepted into a range of Science degree courses, including Bachelors of Science, Biomedicine, Physiotherapy, Environmental Science, Nursing and Engineering. I wish to highlight the outstanding achievements of our 2011 dux Laura Corfield, who I am sure is bound to become an eminent Scientist in the future.

In Year 11, Laura attended the National Youth Science forum in Canberra, sponsored by the Rotary Club of Frankston, with fellow high achieving Science students from across Australia. Then in 2011 Laura was selected with seven peers to represent Australia at the International Youth Science forum in London. These opportunities allowed Laura to learn and work alongside top Science students and renowned scientists from all over the world. She was an outstanding ambassador for her school and Australia. To travel overseas for six weeks during Year 12 and become dux is a remarkable achievement and an indication of Laura’s commitment to her studies.

Laura did not rest after her demanding Year 12 exams, but immediately entered the You-Tube Spacelab competition. This competition required Laura to design an experiment to be carried out by scientists on the International Space Station. The theme of her presentation was about prevention of global warming. Mr Shane Hunt and Mr Robert Valerio, who are two outstanding Science teachers, inspired and supported Laura with her submission. Laura was shortlisted from a worldwide field of 51,000 entries to the final 65, just missing out on becoming one of the finalists, which I am sure you will agree is a fantastic achievement.

Now the latest amazing news is that Laura has been accepted into the Science Scholars program at Monash University. This degree course is for outstanding Science students where Laura will be provided with an academic mentor. This program challenges students to excel and the curriculum is personalised to match students’ academic interests and aspirations. Laura is a fine example of why we are so lucky to be members of the Frankston High School community; the calibre of our students is world class!

CONGRATULATIONS TO NEW MEMBERS OF SCHOOL COUNCIL
Congratulations to the following Parent and Staff Members who were successful in their nominations for School Council, for the term 20 March 2012 to 20 March 2014:

Parent Members: Mr Brian Carte, Mr Gil Garnier and Mr David Cross
DEECD Members: Mrs Helen Page and Mr Pat Keane
Co-opted Community Members: Mr Rob Williams and Mr Bradley Bowman

IMPORTANT DATES ON PAGE 3: PLEASE DETACH AND PLACE ON YOUR NOTICE BOARD FOR FUTURE REFERENCE
I would like to take this opportunity to thank the departing members of School Council for their contribution to the ongoing success of Frankston High School. Our Learning Community values the enthusiasm of our School Council members and the expertise and tireless hours they contribute to ensure Frankston High School remains a High Performing School.

Among the outgoing members is Mr Ray Ball, who has served on our School Council for four years, including the role of President of School Council for the last two years. We thank Ray on behalf of the Frankston High School community for giving of his time and expertise so generously. Another stalwart of School Council who has chosen to retire is Mrs Beth Mates who has been a member on School Council for an incredible 12 years. Thankfully Beth will maintain her association with Frankston High School by continuing to dedicate herself to a cause she greatly believes in, which is our Chaplaincy Program.

**SWIMMING CARNIVAL: A VERY SUCCESSFUL EVENT SO EARLY IN THE YEAR**

Many thanks to Ms Deb Anderson, Ms Casey Holmes and the wonderful team of staff and student officials who organised a highly successful swimming carnival, just a few weeks into the year. It was great to see the high level of participation of students regardless of whether they were champion swimmers or not. Students and staff were resplendent in their costumes of house colours, with the dance off being quite a spectacle. I am most disappointed that I didn’t have the chance to compete in the staff relay. I have various techniques (perhaps some of them not quite legitimate) to ensure the staff team wins.

**SLC CAMP AND YEAR 7 CAMPS: STUDENTS TAKING ACTION AND MAKING FRIENDS**

Congratulations and many thanks to Mrs Jess Bambridge and the enthusiastic team of staff who ran a highly successful SLC Camp. The student leaders presented as a most impressive group who are enthusiastic about making a positive difference to our school. This camp provided students with the opportunity to further develop their leadership skills and to bond as a leadership team.

Over the last few weeks all Year 7 students have attended camp. This has provided students with a great opportunity to form new friendships and build stronger teacher/student relationships. The camp owner was very impressed with our students who demonstrated excellent behaviour. I visited each camp and in addition to my visits to Year 7 classrooms and chatting with Year 7 students in the grounds, I am convinced that this group of Year 7 students is an outstanding cohort and will certainly add value to our learning culture. Congratulations on a first rate start to the year! Thank you to Mrs Sue Liddicoat for organising the camps and to all staff who attended.

**SUSONO DELEGATION VISIT FRANKSTON HIGH SCHOOL**

On Thursday 23 February a delegation of visitors from the Susono Overseas Friendship Association visited our school as part of celebrating the 30th year of the sister city relationship: Frankston-Susono. They were treated to Mrs Yuka Mukaiyama providing a demonstration Japanese lesson using the Interactive Whiteboard, followed by a viewing of our Japanese Garden which we established to honour the sister city relationship 15 years ago. A huge thank you to Mr Simon Hast and Mrs Tonia Hast for organising this visit. The students in Mrs Mukaiyama’s class exhibited respectful behaviour, showing a great love for the learning of Japanese. Subsequently in last Saturday’s heatwave a group of students gave of their time to join in a parade at the Japanese festival, held in Frankston. As a result, our Susono friends left with a great impression of our wonderful school.

**SENIOR CAMPUS STUDENTS ARE NOW STUDYING AND REVISING**

In the Senior Campus news you will read about our highly successful Year 12 Motivation Day. We have also had unprecedented numbers of parents attend Senior Parent information and Elevate Education evenings. This is a reflection of the outstanding cohort of students we have on the Senior Campus who are already revising and studying with groups of friends whilst they also do the set work. This will allow them to concentrate on practice exams during the swat vac period, rather than revising and studying during this time. Way to go Senior Students!
**HPV TEAM MELTS LAST SATURDAY**
Our Years 9 and 10 Boys HPV Team demonstrated astonishing levels of fitness and persistence (school value) as they competed in temperatures up to 36 degrees celsius last Saturday at the Casey-Bass Coast Championships. Many pit stops due to vehicle problems were the greatest challenge, with us now having plans to mechanically overhaul the vehicle before the next race. However, teamwork and having fun were most evident on the day.

Congratulations to our team who were excellent representatives for our school: **Daniel Van Zeil, Niall Mehmed, Blake Neck, Hugh McNeil** and **Tom Albiston**. Many thanks to **Mr Craig Ridoutt** who has devoted countless hours to training the boys and supervised them on the day. Thank you to parents who withstood the soaring temperatures to help out on the day: **Mr and Mrs Neck, Mrs McNeil and Mrs Van Zeil**.

**WINE AND CHEESE EVENING**
I look forward to meeting parents of our Year 7 students at our Wine and Cheese Evening on Tuesday 6 March at 7.00 pm. This is an ideal opportunity for our new parents to meet each other and their Year 7 children’s teachers in an informal, friendly atmosphere.

John Albiston
Principal

**PFA AGM MEETING**
**Mrs Annette Wallace - President**

We would like to invite you to our PFA AGM meeting, which will then be followed by our monthly March meeting. This will be held from 7.30 pm Tuesday 13 March in the Conference Room, 7 - 10 Campus.

Our guest speakers will be **Ms Cathy Hogg**, Principal 7 - 10 Campus, and **Mrs Helen Page**, Head of the English Department, and will explain all the different opportunities our students have beyond Year 7.

Supper will be provided and all are welcome.

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**IMPORTANT DATES**

### MARCH

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<th>Date</th>
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<tr>
<td>Mon 5</td>
<td>• Year 11 Geography Hanging Rock Excursion</td>
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<td>• Year 7 Training Concert Band Information &amp; Recruitment Night 7.30 pm</td>
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<td>Tue 6</td>
<td>• School Photos</td>
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<td>• Year 7 Wine &amp; Cheese Information Evening - 7.00 pm, 7 - 10 Campus</td>
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<td>Wed 7</td>
<td>• Junior &amp; Senior Golf</td>
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<td>Thu 8</td>
<td>• Year 12 Physics Excursion</td>
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<td>• Year 7 Gardasil &amp; Hepatitis B Immunisation</td>
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<td>• Labour Day</td>
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<td>Tue 13-Thu 15</td>
<td>• Sports Leadership Camp</td>
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<td>Tue 13-Fri 16</td>
<td>• Years 7 &amp; 8 World of Maths</td>
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<td>Tue 13</td>
<td>• Year 12 Drama Melbourne University Excursion</td>
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<td>Wed 14</td>
<td>• Year 8E &amp; 8G Geography Zoo Excursion</td>
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<td>• Osaka High School Japanese Students Arrive</td>
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<td>Thu 15</td>
<td>• Year 11 Psychology Derinya Excursion</td>
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<td>• Surf League</td>
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<td>• Year 9 Youth Forum</td>
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<td>Fri 16</td>
<td>• NPD Swimming</td>
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<td>• Year 8A, 8C &amp; 8J Geography Zoo Excursion</td>
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<td>Sun 18</td>
<td>• Working Bee 8.00 am - 12.00 pm</td>
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<td>Mon 19-Wed 21</td>
<td>• Middle School Bairnsdale Outdoor Education Camp</td>
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<td>Tue 20</td>
<td>• Year 7 Round Robin Sport</td>
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<td>Wed 21</td>
<td>• Years 7 - 12 Reports Distributed</td>
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<td>Thu 22</td>
<td>• SMR Swimming</td>
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<td>• Osaka Seikei High School Japanese Students Arrive</td>
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**MEETINGS**

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<tr>
<td>Tue 6</td>
<td>• 5.00 pm Education</td>
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<td>Wed 7</td>
<td>• 5.00 pm Chaplaincy AGM (<em>please note change of date</em>)</td>
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<td>• 7.30 am Finance</td>
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<td>• 8.00 am Sponsorship &amp; Marketing</td>
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<td>• 7.30 pm PFA AGM</td>
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<td>Mon 19</td>
<td>• 2.00 pm Former Staff &amp; Students</td>
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<td>Tue 20</td>
<td>• 6.00 pm Facilities &amp; Grounds</td>
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<td>• 6.30 pm School Council AGM</td>
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SENIOR CAMPUS NEWS
Ms Helen Wilson
Senior Campus Principal

YEAR 12 MOTIVATION DAY
A very successful Motivation Day was held on Tuesday 14 February at Monash University, Peninsula Campus. The guest speaker was Dr Marcus Robertson. Marcus was raised in the Frankston area and became an elite swimmer, training at the Victorian Institute of Sport. He has completed two degrees and is now a Medical Practitioner specialising in Obstetrics. Marcus discussed goal setting, role models, targets and perseverance. He was both inspirational and entertaining. We will be looking at follow-up activities with Marcus during the critical times for our Year 12 students during the year - he was brilliant and presented students with valuable strategies to implement throughout the year.

Elevate Education presented two seminars: Study Sensei and Time Management. These presentations were invaluable in terms of providing information to assist students to prepare for assessments and examinations throughout the year. We also heard from a panel of 2011 Year 12 students: Victor Lai, Hayden Barr, Max Pretty, Joon Kim, Rebecca Campbell, Rebecca Strange and Emily Fraser. These students spoke about successful strategies they used during Year 12 to maximise learning outcomes. I was incredibly proud of the Year 12 students from 2011 and their tips for succeeding in Year 12 - they all made mention of the fantastic teachers and opportunities at this school, and they were genuine and sincere as they relayed their experiences with their teachers over their time at Frankston High School.

Thank you to the main speakers on the day who provided invaluable advice to our students: Mr John Alibston for his motivational speech to commence the day and Mrs Carolyn Walsh for a very entertaining presentation on careers. Thank you also to Ms Marie Farrell for the organisation and administration of the learning process assessments.

I would like to thank Mrs Maree Granger, Ms Clare Challenger and Ms Sarah Toovey for organising this day, and Mrs Annette Wallace and her team of parent volunteers who provided a delicious, healthy morning tea of fruit and fruit juice. The organisation of the day and the presentations made by staff required a huge amount of time and effort, and I would like to thank all the staff involved. I am sure the students found the day to be beneficial; a wealth of information was provided to assist students to reach their goals and maximise their learning opportunities.

SENIOR SCHOOL PARENT INFORMATION NIGHTS
Thank you to all parents who attended the information night on Monday 20 February and the Elevate Education presentation on Monday 27 February. The feedback we received was very positive. There is no doubt Years 11 and 12 are critical years and family support is vital.

Thank you to Mrs Maree Granger, Mrs Ellen D’Ambra, Ms Clare Challenger, Mr Con Neratzoglou, Ms Sarah Toovey, Mrs Carolyn Walsh, Mr Matt Parker, Mrs Janine Strange and Mr Pat Keane for their presentations and assistance on the nights.

The Elevate Education presentation focussed on how students can be the most efficient and most effective learners. Elevate Education has conducted research and interviewed the top Year 12 students to ascertain what places them in the top percentage of the state based on ATAR scores. The most important key factor in student success based on their research is the prioritisation of practice exam papers. Students need to be completing these as early as possible, and a minimum of six practice exam papers per subject should be completed. The top students are completing 20+ practice exam papers in each subject.

The night provided for a discussion forum where a number of key questions from parents were addressed including: how long should students study for, overcoming fear and building confidence, stress, the importance of sleep, study groups, balance of school work and sport/part-time work/socialising, parent input and prioritisation.

Tim Crowe, the presenter, outlined the important role parents play in Years 11 and 12. Specifically in the area of assisting their child with a study/organisation timetable and as an external motivator. He stated that the parent’s greatest role is in goal clarity and discussing with their child what they want to get out of Year 12 and goals for the future. Tim was very impressed with parent questions and the interest they showed in their child’s education and I would like to thank parents for their support and attendance at this presentation.

THE SENIOR SCHOOL CROSSING
It is important that parents do not drop students off both before and after school near the crossing. This poses a very dangerous situation for both students and motorists. It is essential that all students use the designated school crossings when travelling between campuses.

USE OF STUDY PERIODS
It is pleasing to see so many of our students using their time to be of benefit in study periods. However, some students need to manage their time more effectively. Our past students have spoken of the importance of utilising study periods to discuss work with friends, meet with teachers, complete homework and revise for assessment tasks. All students are required to be in a designated study area during their study periods and to use this time productively.

SCHOOL PHOTOS
The school photographs of students in Years 11 and 12 will take place on Tuesday 6 March during Periods 1 and 2. Information on the photograph packages were distributed to students last week. Any student who does not have this information should contact the Senior School Office.
CAREER NEWS
Mrs Carolyn Walsh - Careers Coordinator

IN NEED OF CASUAL EMPLOYMENT? SEE THE OPPORTUNITIES BELOW...

Woodman Estate – Luxury Country Hotel/Restaurant and Spa
Student work is available which includes: Front of House/Wait Staff, Back of House/Kitchen and Outdoor Work. The employer states that if you are positive, well presented, adaptable and keen to work on weekends then you should forward your resume to: rick@woodmanestate.com (Attention: Rick Woodman).

Aussie Disposals - Beach Street Store
They are looking for one casual worker between the age of 16 and 17 years. If you would like to put yourself forward for this position, you are to forward a cover letter and resume to the following email address frankston@aussiedisposals.com.au

McDonalds - Towerhill Store
Casual positions available at 2 Golf Links Road. To apply visit www.mcdonalds.com.au/careers

ALREADY THINKING ABOUT LIFE AFTER SCHOOL?
MONASH SEMINARS MAY HELP
Ask the questions that matter to you face-to-face with the people who can give you an insight. Choose from these upcoming sessions and register online at www.monash.edu/seminars. Registrations are essential...

- Architecture and Interior Architecture – Wednesday 7 March – Caulfield Campus.
- Nursing, Midwifery and Paramedics – Thursday 8 March – Peninsula Campus.
- Pharmacy and Pharmaceutical Sciences – Tuesday 13 March – Parkville Campus.
- Business and Economics – Wednesday 14 March – Caulfield Campus.
- Physiotherapy and Occupational Therapy – Monday 19 March – Peninsula Campus.
- Information Technology – Tuesday 20 March – Caulfield Campus.
- Health Science and Social Work – Monday 26 March – Caulfield Campus.
- Teaching, Sport and Outdoor Recreation – Tuesday 27 March – Peninsula Campus.
- Medicine, Biomedical Science, Radiography and Nutrition and Dietetics – Wednesday 28 March - Clayton Campus.
- Arts (Social Sciences and Humanities) – Thursday 29 March – Caulfield Campus.

All Seminars commence at 6.30 pm and finish at 8.00pm.

SUSTAINABILITY AT FRANKSTON HIGH SCHOOL
Mr Brendan McKinnon
Sustainability Coordinator

In 2012 expect some change at Frankston High School as the school community becomes more sustainable.

To start with, funding has been allocated by the Department of Education and Early Childhood Development to implement energy saving measures. Some of these measures are likely to be de-lamping and the installation of timed switches so that lights and powered items are not left on continually.

Talks are occurring between the school and the Frankston Environmental Friends Network (FEFN) to run environmentally based workshops within the school. The workshops may include themes such as caring for local wildlife through to conducting an environmental audit of homes and workplaces.

Education will be at the forefront of efforts, being aimed at helping members of the school community to better understand why sustainability is a necessity and something that is fairly achievable without loss of comfort. A staff Sustainability Group has been formed to help deal with this process in a proactive and meaningful manner.

Faculties throughout the school are trying harder to sustainably procure stationery products, with such things as pencils made out of recycled paper and rulers made out of factory seconds becoming affordable and more readily available.

The Art department will be, as part of ArtFest, for the first time introducing a sustainability award. This award that will be based on either content or themes contained within different artwork types.

The Student Environmental Committee will be meeting this week to decide on what directions they will be taking over the course of the year. Recycle bins and litter are likely to feature heavily in their discussions.

Overall, a big year of sustainable initiatives is expected! However, this is not possible without help. If you would like to discuss how you could help or be involved, feel free to contact bmckinnon@fhs.vic.edu.au or subscribe to sustainabilityfhs@groups.facebook.com where you can post ideas and suggestions.

SCHOOL PHOTO DAY
Our school photo day will be on Tuesday 6 March this year. Students will receive an information package. Please read all the information carefully. Students will also receive a timetable of when their class photo will be taken.

On this date all students are required to be in full summer uniform and have neat hair.
FRANKSTON HIGH SCHOOL ROWING
Mrs Mary Hunter - Rowing Coordinator

Congratulations to the Boys Team who competed at the State Championships and were very competitive in all the events that they entered. They beat the Melbourne High School Boys Team in the 2 km quad. The Boys Team consisted of Luke Walsh, Lachlan Flakemore, Antony Nikolic Patterson, Nathan Thomson and Tom Walsh as cox.

The Girls team consisted of Laura Kelly and Sam Little and they were also very competitive in their events.

Upcoming events will be the School Sport Victoria Regatta (SSV) on Thursday 15 March, with The Head of Schools Girls Regatta (HOSG) during 16, 17 and 18 March. All of the Frankston High School rowers will attend the SSV Regatta and only the girls will be at HOSG.

Congratulations to Mr Glenn Fischmann who won a bronze medal at the Victorian Championships. A great inspiration and example to our rowing team.

The above photo includes three past students who have competed in the Frankston High School rowing team and are now competing in surf boats for Mornington. They won their event at Lorne and were selected to represent Victoria in the Aussie Championships. Well done to Lizzie Scott, Maddy Kaio and Eric Ritchie.

YEAR 7 TRAINING CONCERT BAND INFORMATION AND RECRUITMENT NIGHT
Peter Sharp - Director of Instrumental Music

FRANKSTON HIGH SCHOOL MUSIC CENTRE
MONDAY 5 MARCH - 7.30 PM

Year 7 students interested in joining our exciting band program and learning to play a musical instrument are invited to attend our information and recruitment night which will be held in the Music Centre on Monday 5 March, commencing at 7.30 pm.

Our Training Concert Band is for students who have had little or no musical experience and we are offering tuition on flute, oboe, clarinet, saxophone, trumpet, trombone, french horn, euphonium and percussion.

On the night we will provide information on how our program works, and give a recommendation on which is the best choice of instrument for you to play. We will also have a performance from our Junior Concert Band.

Don’t forget that all students must be accompanied by a parent or adult representative.

Parking will be available on the 7 - 10 Campus hard court area.

YEAR 7 WINE AND CHEESE NIGHT

The Frankston School Council invites All Year 7 Parents to our Annual Wine & Cheese Night

Tuesday 6 March 2012
7.00 pm
in the School Hall

to welcome you to our school and to give you the chance to meet the parents of other Year 7 students.

We will let you know of our plans for 2012 and the opportunities for you to be involved with our school. Year 7 Tutorial teachers will be present.

Looking forward to seeing you there.
URGENTLY SEEKING
HOST FAMILIES
Mrs Anne Thomson
Community Liaison Coordinator

We have our annual visit from our sister schools in Osaka happening again in March this year and we are urgently seeking 11 host families from Frankston High School to host these Japanese students. They are 16 years old and do not need their own room. Your child does not have to study Japanese to host a student. Past host families have found the experience rewarding and enjoyable. A fee of $20.00 a day will be paid to each family to contribute towards guest expenses.

The Osaka dates are as follows:
Osaka Seikei High School (all girls): 22 March - 1 April (10 nights).

Please email Anne Thomson athomso@fhs.vic.edu.au or phone 0409 835 541 for further information.

BREAKFAST CLUB 2012
Ms Linda Hughes - Chaplain

We have just completed our Year 7 camps and are now gearing up to start our Breakfast Club and lunchtime programs for 2012! Starting Monday 5 March our Chaplaincy run Breakfast Club is back on both the 7 - 10 and Senior Campuses. Junior Breakfast Club runs before school from 8.00 am on Monday and Friday in Room 16. Senior Breakfast Club runs from 8.00 am on Tuesday and Thursday mornings...keep an eye out for Matt and his team who’ll be handing out brekky around the quadrangle area.

Also in March our lunchtime programs begin. Students: if you are ever looking for a place to chill at lunchtimes, stay tuned for more info about the activities we’ll be running on the basketball courts and in Room 50. Basketball, table tennis, Wii games, Foose ball...just some of the things we've got going on!

As part of the Wellbeing Team we are always on the lookout for contributions to assist in the running of our programs.

If you are aware of any organisations or businesses that are in a position to donate supplies to our Breakfast Club please contact either Linda Hughes or Matt Parker at the school or, alternatively, you can make a donation towards the Breakfast Club by completing the slip below and returning it to the Finance Office.

The aim of the Breakfast Club is to provide the best possible start to our students day.

DONATION TO BREAKFAST CLUB - METHOD OF PAYMENT

Enclosed is my CASH/CHEQUE/CARD NO: Payable to Frankston High School, for:$___________________

Card Number:___ ___ ___ ___ / ___ ___ ___ ___ / ___ ___ ___ ___ / ___ ___ ___ ___

Mastercard Visa Expiry Date: ___ / ___

Cardholder’s Name: ____________________________

Signature: ____________________________

Contact Phone Number: ____________________________

[Date]
Are you a parent who would like to learn how to better look after the physical or mental health of your teenager?

INVITATION TO PARTICIPATE IN
FIRST AID TRAINING FOR
PARENTS OF TEENAGERS (TPOT)
A RANDOMISED CONTROLLED TRIAL

HOW DO I PARTICIPATE?
For more information and to register, go to: www.tpot.net.au
If you have any enquiries, please contact Julie Fischer at the Centre for Youth Mental Health, The University of Melbourne, on:
Email: jfischer@unimelb.edu.au
Phone: 03 9342 3767
Mobile: 0401 772 648

Note: To be eligible, you must not have undertaken training in the previous three years in Mental Health First Aid (MHFA), Youth MHFA or physical first aid.

www.tpot.net.au

REGISTER A TEAM
and join
Julie Bendall (Walked from Adelaide to Cranbourne in 2011)
Councillor Amanda Stapledon
Neil Banbridge from the Cranbourne Racecourse
for
12 HOURS WALK TO RAISE AWARENESS INTO
DEPRESSION AND SUICIDE
Saturday 14 April
Cranbourne Racecourse
For further information please contact
Julie Bendall 0400 667 311
jbendall2@bigpond.com

HAVE YOU LOST A IPOD NANO?
If a school student or any member of the school community has lost a iPod Nano, one was found close to the school grounds. For further information please contact the General Office.

DEB DRESS FOR SALE
Thai Silk with pearl detail, size 10-12, $200.00.
In excellent condition.
See Mrs Hunter in the 7-10 Campus Staff Room or by email mhunter@fhs.vic.edu.au

ARE YOU FINISHING YEAR 12
IN 2012?

Are you interested in doing something different for Schoolies week?
Would you like to help make a difference and experience a once in a lifetime opportunity to help an underprivileged country and its people and gain a cultural experience at the same time?
Interested? Then bring your parents and come along to the Boardroom at 3RPP, Wilsons Road Mornington at 7.30 pm on Wednesday 28 March 2012 to hear all about the ‘alternative schoolies’ program, which would see school leavers from Frankston travelling to Phnom Penh and Siem Reap, Cambodia to participate in volunteer work with disadvantaged children.

Any interested students who are finishing Year 12 in 2012 are invited to contact either:
Judy Rebecca: 0415 109 859
Janet McCahon: 0418 541 993

THIS TRIP IS NOT ORGANISED OR CONDUCTED
BY FRANKSTON HIGH SCHOOL

Easter Shopping Tour
24 March 2012
Various new outlets including chocolate venues and sit down lunch.
Tell your friends and families
Please phone Beth Mates on 0418 500 167 to register your interest.

Frankston High School Chaplaincy Committee
Frankston High School Chaplaincy Committee presents an evening with Simon McKeon 2011 Australian of the Year

* a prominent investment banker
* a record breaking yachtsman
* a supporter of multiple Australian and international charities

**Wednesday 2 May 2012**

6.30 pm for a 7.00 pm start

at The Peninsula Golf Club

*Please put this date in your diary*

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**Frankston High School Health Club**

**Fit Tip!**

**Never Skip Breakfast!**

- It speeds up your metabolism
- Increases your performance throughout the day
- Helps control your weight

**Breakfast should be a fun social experience**

**ENJOY IT**

Ask at the Finance Office about our special Frankston High School membership:
- 1 month for just $15.00
- for students, teachers, family and friends

*Conditions apply for the use of the weight room*

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**Langwarrin Soccer Club**

**Welcoming new players and members for the 2012 season**

All age groups 5-18 yr. old girls & boys

**Last names beginning A – K. Register between 10.00am and 12 midday**

**L – Z. Register between 1.00 pm to 3.00 pm**

**Located on:**

Barretts Road, Langwarrin, 3910

If you and have questions please contact Lee Atkinson via email or mobile on 0418 352 743

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**FRANKSTON ROVERS REGISTRATION DAY**

Contact Registrar:

Nicole Triep - 0429 061 981

Email: frankstonrovers@yahoo.com.au

**FOR 2012 SEASON**

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**YCW NETBALL CLUB 2012**

YCW Netball Club Inc welcomes new players to join our 2012 Saturday netball season at Frankston & District Netball Association.

It is a great way to meet new people, have fun and keep fit.

Under 11’s, 13’s and 15’s train on Wednesdays between 4:15 pm and 5:30 pm

For more information please contact:

Camille Hallet on 0419 814 503

Come and join us this year at YCW Netball Club!!

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**BAXTER SOCCER CLUB**

**Under 6 to FIV Seniors Boys Girls Men Women**

**REGISTRATION DAY**

Sunday 12th February 11am - 2pm

Baxter Park: Frankston-Flinders Road Baxter Mel Ref 106 H3

- Early Bird Discount Fee on or before the day!
- All skill levels welcome
- Dedicated female teams
- Social functions

Registration commences: Julia Henderson Tel: 5979 3210 Email registrar@baxtersoccerclub.org.au
Sunday 18 March 8.00 am - 12.00 pm

Your help is needed please!

On Sunday 18 March the Grounds Committee is holding a working bee from 8:00 am until 12 noon. We are aiming to try and plant up the garden area around the new Science building on Senior Campus as well as finish some small painting jobs to help spruce up the 7 - 10 Campus.

Our working bees are extraordinarily productive. The work completed makes such a difference to the grounds and facilities. The participants are always very friendly and welcoming. It is also a wonderful opportunity to meet other parents in the Frankston High School Community.

The school has some gardening tools but it is always helpful if working bee members can bring their own as well. We will be mulching, planting, as well as general tidying up of the grounds. Wheel barrows, shovels, secateurs and clippers would be particularly useful.

At the end of the working bee there will be a light thank you lunch provided for all the people who have donated their time to assist in this activity.

Please register on line at www.fhs.vic.edu.au if you are able to attend the working bee. Alternatively telephone the General Office, or email office@fhs.vic.edu.au by Thursday 15 March 2012.

Thanks
Lee Anne Smith

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NEWSLETTER DISTRIBUTION: CHANGE OF DETAILS?

Please let us know if you wish to update how you currently receive the newsletter.

We provide an email subscription service to distribute our newsletter, and important information which provides parents of upcoming events and activities at Frankston High School. We ask all families to consider subscribing to this service. Alternatively you can receive a hard copy of the newsletter in the post.

If you choose to now have your newsletter via email please log on to our website at www.fhs.vic.edu.au and subscribe.

Should you no longer require to have your newsletter posted, please make contact with the General Office via email at office@fhs.vic.edu.au or phone on 9783 7955.

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UNIFORM SHOP
Mrs Karen Talbot-Walsh [Manager]

TELEPHONE 9770 0084 (SHOP)

PLEASE NOTE:
Saturday 10 March
Uniform Shop will be closed for Labour Day long weekend.

TRADING HOURS
Thursday 12.30 pm - 1.30 pm
3.00 pm - 4.00 pm
7.30 pm - 8.30 pm

Saturday 10.00 am - 12.00 noon