Frankston High School congratulates the Class of 2012 – Best ever VCE Results

Three students with ATARS above 99!!
Twelve students with ATARS above 95!!
Twenty four students with ATARS above 90!!

Four perfect study scores of 50

Congratulations to • Emily Hutcheon • Laura Kelly • Samantha Little • Ross Robertson

We are very proud of these students and wish them all the best with their future studies.

Wishing all the best to our 2012 class with their university courses.
DEAR PARENTS, STAFF, STUDENTS AND FRIENDS

It has been an exciting first week; welcoming our new students and staff whilst joining with students, staff and families as they form new friendships and catch up with old friends. I am confident the school year will provide our students with a wide range of high quality learning experiences, allowing them to develop as great people who are able to make our world an even better place. It is a great privilege for me to have been reappointed as Principal of Frankston High School and I return with great energy and enthusiasm to lead our school onwards and upwards. We feel for our fellow Australians in Queensland, Tasmania and Victoria, who have experienced the catastrophic floods and bushfires. To those people in our school community who have relatives or friends in these areas, we send our best wishes as they begin rebuilding their lives.

BEST EVER YEAR 12 RESULTS
As you can see from the front page of our newsletter, we are thrilled with the results achieved by our Class of 2012. Consequently, we can continue to be justifiably proud of Frankston High School's outstanding reputation as a high performing academic school of excellence.

Highlights other than those featured on our front page include:

- 24% of students received an A+ or A grade in their assessments;
- 7% of students achieved study scores over 40, which places Frankston High School in the top 10 of metropolitan government co-educational and non-select entry schools. This was the top result for all government schools on the Mornington Peninsula;
- The many students who were able to reach their full potential as a result of their commitment to their studies and the outstanding teaching at Frankston High School;
- The dedication of our outstanding senior teachers, who generously supported our students to achieve such excellent results.

These results reaffirm Frankston High School as one of the leading schools in the state.

UNIVERSITY PLACEMENTS
It is a great pleasure to report that following the first round university offers, 92% of our Year 12 students who applied for tertiary study received an offer. We anticipate that after second round and mid-year offers, 100% of these students will be proceeding with tertiary courses.

This is an outstanding result. We were thrilled that most students received their first or second choice. This is another great example of how our students achieve their dreams by striving to do their best always.

All students who are progressing onwards with further learning, whether by attending a tertiary institution or embarking upon an apprenticeship/traineeship, will be assured of a successful, prosperous future because of their passion for lifelong learning. Our students have been inspired to become lifelong learners due to our extremely talented, dedicated teachers, who have equipped them with skills to cope with the learning challenges the future holds. Our parents have also been invaluable in supporting their children to understand the importance of education. This combination of outstanding staff, supportive parents, and students who have shown great determination to succeed, enabled our Year 12 Class of 2012 to realise their potential. Congratulations to all students in the Year 12 class of 2012. We wish you every success for the future.

TOP MUSIC STUDENT AWARDED SCHOLARSHIP
Congratulations to Marion Daly-Andrusiak; Class of 2012 who has just been awarded the prestigious University of Tasmania Conservatorium Brass Scholarship. Marion’s dream is to become a member of the Melbourne Orchestra. We wish her all the best with her future studies and career in Music.

WELCOME TO NEW STUDENTS, PARENTS AND FRIENDS
Welcome to all new students and their families. Our new students are joining a wonderful school with exceptional teachers who will support them to achieve their best. Frankston High School provides a learning community where we all respect and care for each other, always working cooperatively as a team. In addition, our school provides magnificent facilities and resources which are yours to use. You are among friends who care and support each other. Please don’t be afraid to ask questions; students and staff alike will enthusiastically respond to ensure you feel welcome. Staff, students and parents are eager to help you make a successful transition into our school.

A MULTI CAMPUS SCHOOL
Frankston High School is a multi-campus school. We have two Campus Principals who have responsibility for making decisions regarding the students on their campus. The Principal of the Senior School (Senior Campus), is Ms Helen Wilson, and the Principal of the Junior School (Year 7-10 Campus), is Ms Cathy Hogg.
HELP ALWAYS AVAILABLE
Frankston High School has a commitment to providing all the care and support necessary for each student to do their best and achieve the highest possible learning outcomes. It is important when parents have concerns about their children, they contact the relevant staff members immediately to ensure a quick supportive response.

The most appropriate staff members to talk with when you have specific concerns are the classroom teachers, then Assistant/Year Level Coordinators, followed by Sub-School Coordinators. These are the staff members who have a thorough understanding of the needs of the students in their care. Decisions regarding students are made in partnership with parents and students, with careful consideration of what is in the best interests of the students.

In addition, we are fortunate to have two Student Wellbeing Co-ordinators (Mrs Kirsten Bakker and Ms Michelle Beirouti) and two Chaplains (Ms Linda Hughes and another soon to be appointed) who are available to help students and their families with welfare related concerns. We also have a Careers Counsellor, (Mrs Carolyn Walsh), who is available to counsel students and families in relation to exploring career options. I would like to take this opportunity to farewell Mr Matt Parker who has been selected to complete a Diploma of Education. During his time at Frankston High School, Mr Parker has made a positive difference to the lives of many students and their families.

RITCHIES
I encourage all parents to patronise Ritchies Supermarkets and access a Community Benefit Card, nominating Frankston High School as your preferred beneficiary. Each time you shop at Ritchies, you will be actively contributing to your child’s education by helping us continue to provide high quality resources throughout the school.

WINE AND CHEESE EVENING
I look forward to meeting our Year 7 parents at the Wine and Cheese Evening on Tuesday, 26 February at 7pm. I can recommend these nights to new parents as an informal, social get together with other parents in a friendly, supportive atmosphere.

In conclusion, I extend my best wishes to everyone as we embark on another challenging, stimulating year of teaching and learning where I am sure we will be regularly celebrating the many achievements of our extraordinary students. I encourage all students to become involved in many different aspects of school life, which will enhance their learning experiences and provide wonderful lifelong memories of well spent years at our wonderful school.

John Albiston
Principal

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<th>IMPORTANT DATES</th>
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<th>PARENTS DROPPING OFF STUDENTS</th>
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<td>The start and end of the school day is a very busy time and it is essential parents and friends consider student safety when picking up or dropping off students.</td>
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<tr>
<td>Please do not drop off students in the No Standing and Bus Zones. There are designated Drop Off / Pick Up lanes for your use. There are also many side streets where there are safe areas to drop off students. Could you also please be mindful of not blocking driveways of our neighbouring homes.</td>
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STUDENT BELONGINGS

Students are advised not to bring expensive belongings to school other than equipment required for learning. Frankston High School Council does not have the authority to reimburse parents or replace students’ personal belongings that are lost or stolen. For security purposes, parents please remind your children to always ensure personal belongings are placed in their lockers and then locked with their padlock.

SCHOOL COUNCIL ELECTION 2013

Mr John Albiston—Principal

The Department of Education and Early Childhood Development has approved the commencement of the electoral process for the election of School Councillors for 2013.

1. Membership
   Our School Council consists of six parents, five members of staff including the Principal, four community members consisting of: one PFA representative, one student representative and two School Council appointed community members.

2. Terms of Office
   The term of office is for two years, with half of the members retiring each year, but eligible for re-election. Three parents and two staff representatives end their term of office at the start of 2013.

3. Retiring School Councillors
   The following members of School Council, while eligible for re-election, retire at the end of this month:
   Parents: Mrs Annette Wallace, Ms Belinda Butterfield and Mr Alan Lachman
   Staff: Mrs Cathy Hogg, Ms Clare Challenger

4. Proposed Timetable for Elections
   Friday, 8 February * Call for nominees
   Friday, 15 February * Nominations close 4pm
   Monday, 18 February * Nominations displayed at school
   * Election held if required
   Friday, 1 March * Close of ballot
   * Votes counted
   Tuesday 19 March * School Council AGM, followed by School Council Meeting

5. Voting
   If the number of nominations exceeds the vacancies in either the parent or staff electorates, an election will be necessary. All parents are entitled to vote for parent representatives and can vote for the staff representatives.

6. Methods of Voting
   There are two ways in which you can record your vote on the official voting form, from Friday, 15 February to Friday, 1 March at 4pm.
   (a) Post your vote to school to arrive by 4pm on Friday, 1 March.
   (b) Vote in person at school at the 7—10 Campus Office, between 8am and 4pm from Friday, 15 February to Friday, 1 March at 4pm.

7. Nominations of Candidates
   There are two distinct categories of elected members of School Council: Parent and Staff / DEECD Employees.

8. Parent Member Category
   DEECD employees, who are parents at the school,, are now eligible for election to this category. However, there is a limit on the number of DEECD parent members for a given school council configuration. (The total of DEECD employee members and DEECD parent members must be less than half of the total number of School Council.)

9. DEECD Employee Member Category
   To be eligible for election to this category, a person must be a DEECD employee and either:
   • a parent of a student at the school, and/or
   • employed to work at or for the school.

10. Role of School Councillors
    School Councillors play an important role in decision making and the management of our school. They donate many hours to the various sub-committees of council; Education, Finance, Facilities & Grounds and Sponsorship & Marketing. Councillors belong to two committees, they also attend monthly council meetings and represent the school at many functions.

SCHEDULE 4
Notice of Election and Call for Nominations

An election is to be conducted for members of School Council of Frankston High School.

The ballot will close at 4pm on Friday, 1 March 2013

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<tr>
<th>Membership</th>
<th>Term of Office</th>
<th>Number of Positions</th>
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<tr>
<td>Parent Member</td>
<td>20 March 2013  to 17 March 2015</td>
<td>3</td>
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<tr>
<td>DEECD Employee Member</td>
<td>20 March 2013  to 17 March 2015</td>
<td>2</td>
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Nomination forms may be obtained from the school and must be lodged by 4pm on 15 February 2013.

Following the closing of nominations, a list of the nominations received will be posted at the school. The terms of office, membership categories, and number of positions in each membership category open for election, are as follows:

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

STUDENT BELONGINGS

Students are advised not to bring expensive belongings to school other than equipment required for learning. Frankston High School Council does not have the authority to reimburse parents or replace students’ personal belongings that are lost or stolen. For security purposes, parents please remind your children to always ensure personal belongings are placed in their lockers and then locked with their padlock.
I would like to welcome back all students, parents and staff. I look forward to another successful year working with our teachers and students to further improve the learning outcomes of our Senior School students.

A special welcome to the Senior School Administration Team:

- **Mrs Maree Granger** (Senior Sub School Leader & Year 12 Co-ordinator)
- **Mrs Ellen D’Ambra** (Year 11 Co-ordinator)
- **Ms Clare Challenger** (Assistant Year 12 Co-ordinator)
- **Mr Con Neratzoglou** (Assistant Year 11 Co-ordinator)
- **Mrs Carolyn Walsh** (Careers Co-ordinator)
- **Mrs Janene Strange** (VET Co-ordinator)
- **Ms Clare Challenger** (Assistant Year 12 Co-ordinator)
- **Mr Con Neratzoglou** (Assistant Year 11 Co-ordinator)
- **Mrs Carolyn Walsh** (Careers Co-ordinator)
- **Mrs Carolyn McIver** (Senior Co-ordination Assistant)

If you have any concerns or questions, please do not hesitate to contact any member of the administration team.

**OUTSTANDING VCE RESULTS**

I would like to congratulate the Class of 2012 on their outstanding VCE results. In particular, I would like to congratulate **August Hao**, the DUX of Year 12, with an ATAR of 99.6. August has our sincere best wishes as he embarks on his university studies – a Bachelor of the Environments at the University of Melbourne.

Congratulations also to **Kali Wong** with an ATAR of 99.55 and **Ben Hussin** with an ATAR of 99.10. The 2012 results were the best ever, with three students receiving an ATAR above 99. These students richly deserve these results and we are very proud of their achievements.

Congratulations to the following students who received the top study score in these subject areas:

- **ACCOUNTING**: Jess Beaumont and James Corkell
- **ART**: Alexandra Nolte
- **BIOLOGY**: Dean Nelson
- **BUSINESS MANAGEMENT**: Charise Johansson and Hannah Vale
- **CHEMISTRY**: Nicholas Greig
- **CHINESE FIRST LANGUAGE**: Tian Xiao Hao and Daniel Zhang
- **DRAMA**: Aimee Chambers
- **ENGLISH**: Hermine Lee
- **ENGLISH AS ANOTHER LANGUAGE**: Tian Xiao Hao
- **ENVIRONMENTAL SCIENCE**: Emma Legg
- **FOOD TECHNOLOGY**: Laetitia Olivier-Gargano
- **FRENCH**: Marley Angus
- **FURTHER MATHEMATICS**: Tim Lai and Luke Cliffe
- **GEOGRAPHY**: Zoe Nottas
- **HEALTH AND HUMAN DEVELOPMENT**: Maisy Bennett
- **HISTORY REVOLUTIONS**: Hannah Smith
- **INFORMATION TECHNOLOGY—APPLICATIONS**: William Truscott
- **JAPANESE**: Nicholas McKenzie
- **LEGAL STUDIES**: Lucy Mahony and Marie Rimsh
- **LITERATURE**: Marley Angus
- **MATHEMATICAL METHODS (CAS)**: Kali Wong
- **MEDIA STUDIES**: Lucy Mahony
- **MUSIC SOLO PERFORMANCE**: Marion Daly Andrusiak
- **OUTDOOR & ENVIRONMENTAL STUDIES**: Emily Hutcheon, Laura Kelly and Samantha Little
- **PHYSICAL EDUCATION**: Ross Robertson
- **PHYSICS**: Ben Hussin
- **PRODUCT DESIGN & TECHNOLOGY**: Luke Walsh
- **PSYCHOLOGY**: Jason Barnhoorn
The following students are to be congratulated on achieving outstanding ATAR scores of 95 or above:

Jason Barnhoorn  Ben Hussin  Ebonie Burns  Hermine Lee
Abbie Cagliarini  Ross Robertson  Sarah-Jane Gallitz  Laura Scott
Nicholas Greig  Jacob Sephton  Tian Xiao Hao  Kali Wong

These results are a reflection of the excellent teachers at Frankston High School. I am full of admiration for the professionalism, motivation and commitment shown by our teachers in ensuring all students maximise their learning outcomes.

I would also like to acknowledge the outstanding support and opportunities given to our Year 12 students by the Senior Co-ordinators, the Careers Co-ordinator, the Chaplain, the Senior Resource Centre, Mrs McIver and Ms Fischer.

EXCELLENT VCAL RESULTS

Congratulations to our Year 12 VCAL students on their excellent achievements throughout the year. We wish these students all the best as they embark on their career pathway. I would like to acknowledge the excellent support and leadership provided by Mrs Sue Robinson, (the 2012 VCAL Co-ordinator), and her team of VCAL teachers.

FAREWELL TO OUR CHAPLAIN – MR MATT PARKER

I would like to acknowledge the outstanding work Matt Parker has done with our students in his role as Chaplain over the last five years. Matt has been an excellent role model and a voice to providing reason, understanding and empathy in what can be very stressful times for students. He has been an excellent member of the Senior School Administration Team and he has our sincere best wishes for the future.

I would like to welcome Ms Linda Hughes to the Senior School as the Chaplain; I am sure Linda will provide outstanding support to our students.

MOTIVATIONAL SPEAKER – DR MARCUS ROBERTSON

On Friday, 1 February all Year 11 and Year 12 students attended a motivational presentation by Dr Marcus Robertson. Marcus was raised in the Frankston area and became an elite swimmer, training at the Victorian Institute of Sport. He has completed two degrees and is now a Medical Practitioner specializing in Obstetrics. Marcus discussed goal setting, role models, targets and perseverance. He was both inspirational and entertaining. We will be looking at follow-up activities with Marcus during the critical times for our students during the year - he was brilliant and presented students with valuable strategies to implement throughout the year.

SENIOR SCHOOL PARENT INFORMATION NIGHT

We have a very important Parent Information Night that we would like you to note in your calendars. It will be held on Monday, 18 February in the Senior Resource Centre at 7pm. Issues such as VCE requirements, assessment, study scores, tertiary selection and parent support will be discussed. The evening is tailored to assist parents of all Year 11 and Year 12 students undertaking VCE. Our Parent Information Nights are invaluable and I look forward to seeing parents there.

YEAR 12 MOTIVATION DAY

All Year 12 students attended a Motivation Day on Friday, 8 February at Monash University, Peninsula Campus. The agenda included: Motivational Speaker (Mr Tony Wilson), Principal’s Address, Monash University Information Session, Elevate “Study Sensi” Presentation, Elevate “Time Management” Presentation, Careers Session and a Year 12 Q and A Panel. Thank you to Mrs Granger and Ms Challenger for the organisation of this day.

IMPRESSIVE START TO THE YEAR

It has been an excellent start to the 2013 school year. The students were motivated and focused and it is pleasing to hear so many positive comments from teachers on their classes. Teachers have been very impressed with the students’ work ethic in completing homework set during the early commencement week. Students in the Senior School should be completing 2-3 hours of homework each night. Students should also be consistently revising their class notes on a regular basis in preparation for assessments. Overall, it has been an outstanding commencement to the term and I sincerely thank all teachers, students and parents for all of their efforts.

I look forward to the year ahead as we continue on our journey of learning, reflecting the school’s vision; “together we become purposeful learners.”
YOUNG CITIZEN OF THE YEAR 2013
Ms Suzanne Caldwell—Assistant Principal

Congratulations to Ellie Cole (Class of 2009) who received the Frankston City Council Young Citizen of the Year Award 2013. Ellie shared the Award with Gabrielle Condello. Ellie received her award from the 2012 award recipient Kimberly Pellosis, a former Frankston High School student (Class of 2011).

Ellie received the Award in recognition of her outstanding achievements as a Paralympian. She lost her leg to cancer at the age of two and took up swimming as part of her rehabilitation program. Ellie was also recognized for her work mentoring other young athletes.

Ellie has represented Australia at the 2012 London and 2008 Beijing Paralympic games and at the 2010 Delhi Commonwealth Games. Ellie won four Gold and two Bronze medals in London. She has also represented Australia at a number of international swimming events.

The Frankston High School community congratulates Ellie on her latest achievement.

UNIVERSITY OF TASMANIA CONSERVATORIUM BRASS SCHOLARSHIP
Mr Leon De Bruin—Director of Brass

Frankston High School Music Department has hit yet another high note, with Year 12 2012 trumpeter, Marion Daly-Andrusiak, being awarded the highly prestigious $24,000 University of Tasmania Conservatorium Brass Scholarship.

Marion has been an eager musician representing Frankston High School in State Honours bands, The Melbourne Bands Festival and The Generations in Jazz Stage Band Championships. Her teacher and mentor at Frankston High School, Mr Leon de Bruin, says “it’s a great reward for Marion, she is one of the first students in the state to study both VCE Solo Performance and Solo Music Investigation. Marion’s intense hard work, dedication and focus has created an elite level trumpet performer”.

Marion leaves for University of Tasmania in February; she hopes to become an orchestral and solo trumpet performer.

CONGRATULATIONS TO OUR 2013 SCHOOL CAPTAINS
Ms Jessica Bambridge—SLC Co-ordinator

Congratulations to the following students who have been voted by their peers and teachers to receive a position as School Captain for 2013.

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<thead>
<tr>
<th>Marley Angus</th>
<th>Todd Cracknell</th>
<th>Shelby McKeown</th>
<th>Masood Habib</th>
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<tr>
<td>School Captain</td>
<td>School Captain</td>
<td>Deputy School Captain</td>
<td>Deputy School Captain</td>
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Our captains have attended Lord and Ladies Somers Camp over the holidays and are full of exciting plans and vision for the future. They have officially welcomed each of our year levels back to school and are planning for the upcoming year.
This year we welcome in the Australian Curriculum at Year 7-10 and some exciting changes in our Maths program as we strive to deliver the best possible learning outcomes for each and every one of our students. The introduction of this new curriculum has resulted in a change of textbook for Year 7 to 10 students with a greater focus on developing generic problem solving skills and also consolidating core numeracy skills.

**Student Progress Sheets (Years 7-10)**

Over the past two years, staff have worked tirelessly to develop learning pathways that clearly document our curriculum. These pathways allow students and parents to clearly see the progression of learning as a student moves through the year levels. They also help the teachers of students who are above or below the expected level, identify the correct starting point within a topic for individuals. In Mathematics, these pathways are divided in the major areas of our curriculum; Number, Algebra, Geometry, Measurement, Statistics and Probability. Students are given a progress sheet at the start of each topic that describes the knowledge, skills and associated tasks, that have been differentiated to meet individual student needs. Each topic also includes a set of problem solving questions as we attempt to encourage our learners to be creative and critical thinkers.

**Novice, Accomplished and Expert Learners**

In Mathematics, our progress sheets list tasks for novice, accomplished and expert learners. In general, all students should be completing the tasks listed for accomplished learners. This may be the starting point for some students, while others will need to spend more time completing novice tasks before progressing. Where possible, textbook questions listed as a task for the novice learner, have been referenced to a worked example in the textbook, as we try to encourage students to develop the skills associated with an independent learner. Tasks are also set for expert learners, while the progress sheets also explicitly designate a pathway for extension outside the topic for those who need yet a greater challenge.

**Homework (Years 7-10)**

Homework is a vital component of our Mathematics Program where students have an opportunity to practise and consolidate skills developed in class. Homework expectations, (tasks and suggested times), are listed on the progress sheets. Homework may consist of completing textbook exercises, worksheets, problem solving sets, assignments, application tasks, online homework, or preparing summary material for tests and exams. Online homework may be in the form of material from the website associated with the textbook, mymathsonline, or the brilliant free resources at www.khanacademy.org

Students without internet access at home need to be aware that they can access computers at the school during lunchtime or after school, while local libraries also offer free internet access. Whatever form the homework may take, it has been decided that, on the Year 7-10 end of semester reports, the completion of weekly homework tasks will now be a common assessment task that a grade is given to. An unsatisfactory performance on these homework tasks will result in a student not successfully completing the subject, regardless of test or exam results.

**Books and Calculators**

All students in Mathematics (Years 7-12) should have two exercise books, (one for notes and examples, and one for exercises and other tasks), and a display folder for handouts and other sheets. Year 11 & 12 students have received further information about the requirements for a bound reference in their studies. All Year 7-9 students must have a scientific calculator, while all Year 10-12 students studying mathematics, (except Year 11 Foundation), must have the CAS calculator. The discounted price of $185 for the Ti-nSpire CAS is still available by contacting www.calculatorking.com.au

**Homework Help and Senior Maths Tutorial Assistance (Years 11-12)**

Experienced Maths teachers are on hand at the following times to help students outside of class hours with their Mathematics.

Senior School – Monday to Thursday, lunchtime in Room 307

Senior School – Year 12 Math Methods Enhancement class, Friday lunchtime in Room 307.
Opportunities for education and training are abundant. Our children need to become discerning consumers and excellent career planners to ensure their time, funds and energies are invested in quality products and aspirations to ensure they reach their goals. Over the upcoming year, you may find yourself involved in decisions that ultimately impact upon the career path of your child – enjoy the challenges; I hope to provide quality information via this newsletter to offer assistance along the way...

Interested in becoming a Veterinarian?
University of Melbourne
Veterinary Science and Hospital Day
Attend public lectures, talk to veterinarians at the forefront of science and discover how to become a veterinarian. Sunday, 17 March, University of Melbourne Veterinary Hospital, 250 Princes Highway Werribee
http://futurestudents.unimelb.edu.au/explore/events/victoria_and_interstate/victoria/open_day/veterinary_science

Considering applying to study at the University of Melbourne?
University of Melbourne Access All Areas
Learn about undergraduate degrees and pathways, admissions and entry requirements as well as accommodation options. Friday, 5 April, University of Melbourne Parkville campus
http://futurestudents.unimelb.edu.au/explore/events/victoria_and_interstate/victoria/access_all_areas/access_all_areas

Finished school but interested in further study in design?
Whitehouse “Taste of Design” Part Time Study Evening
Learn about the part time study option available in the disciplines of fashion, millinery, interiors, visual merchandising and marketing. Thursday, 28 February, 6.30pm – 7.30pm, Melbourne Campus, 672 Bourke Street, Melbourne CBD
P: 03 9600 3625
E: enquiry@whitehouse-design.edu.au
http://whitehouse-design.edu.au/events-calendar.html#taste-of-design

Do you know a young person struggling to find a tertiary position? – offer them this information
Swinburne UNiLink to Degree
UniLink diplomas are accredited as an award-level higher education diploma and provide a direct academic pathway to second-year university. The UniLink pathway suits students with an ATAR of at least 50 and at least 20 in English.

Are you a budding young writer?
Submissions for Writers at The Under Age
The Under Age is a fortnightly online newspaper written entirely by Victorian high school journalists. The Under Age is looking for up to eight new young journalists in high school in 2013 to join The Under Age team. Applicants are required to write one paragraph explaining who you are and your interests, a paragraph explaining why you want to be part of The Under Age and a 300 word story to act as an example of what you’d like to write about if selected. Applications due 5pm Friday, 8 February
E: underage@expressmedia.org.au
http://expressmedia.org.au/express_media/about/positions-vacant/the-under-age-contributors/

In Year 11 or Year 12 and considering applying for a Performing Arts Course post FHS?
VCA Performing Arts Short Courses
The VCA’s Performing Arts short courses are part-time evening courses where participants develop theatre, film and television acting skills. The course has developed a strong reputation over the past few years with acting studio alumni regularly gaining places at VCA, NIDA and WAAPA. Minimum age 17 years
P: (03) 9035 9229
E: vca-perfartshortcourses@unimelb.edu.au
http://www.vca.unimelb.edu.au/performingarts/shortcourses

Considering a career in Aviation?
Commercial and ADF Pilot Applications
ADFA applications are available for individuals 16 years and older while commercial airlines such as Jetstar, Virgin and Rex accept applicants once they have graduated from Year 12.

Important dates include:
- ADFA Education Award, applications closing Thursday, 28 February 2013
- Defence Technical Scholarships, Applications open Friday, 1 February and close Saturday, 9 March 2013
PARENTS AND FRIENDS ASSOCIATION
Helen Hay—PFA Member

Welcome back to the new term. I have been helping the PFA since my eldest daughter started school in 2009 but did not officially join until my second daughter started High School in 2011. I enjoy being involved with all aspects of Frankston High School, as it gives me a better idea of the way my children are schooled.

What we do.... You have all had children who enjoyed activities such as: Orientation Day, the Billy Cart Derby Day, Year 12 Motivation Day, etc; we are the helpers who organise and feed them yummy food!

Many of you either help out at the Secondhand Book Sale or have bought books there; the PFA run the book sale in conjunction with Frankston High School.

We decide where some of the funding for the school goes i.e. projects around the school and new equipment such as: a poster printer, data projectors and musical instruments.

What we do not do... We do not fund raise.

What happens at meetings... We meet once a month at the school, discuss things on the agenda and listen to reports from other committees, including School Council, and talk over upcoming events.

We normally have a guest speaker. It could be one of the principals or co-ordinators, going over things that will happen in each year level for the year, heads of departments, or students informing us of activities they have undertaken such as World Challenge and Great Victorian Bike Ride.

We finish the evening off with coffee and cake!!

Joining the PFA..... The PFA has a solid group doing committee jobs (Chair, Vice, Secretary, Finance, School Council Rep) but would love to have some new faces, with some new ideas. Mums and dads who would like to have a better understanding of how their school is run and how their children move through the school.

Our first meeting for the year is on Tuesday, 12 February at 7:30pm in the Conference Room on the 7-10 Campus and our guest speakers are Vivienne Bond and Di Paul, Frankston High School teachers, who will discuss the current teacher industrial action.

Our second meeting for the year will be our Annual General Meeting which will be held on Tuesday, 12 March.

Hope to see you there!

WELLBEING TEAM
Ms Kirsten Bakker
Student Wellbeing Coordinator

The Student Wellbeing Team oversees the wellbeing of students attending Frankston High School. This is a confidential service which is available to all students in Years 7—12 for counselling, it provides advice to students when troubled and consults with parents and staff members.

The Student Wellbeing Coordinators also coordinate and liaise with welfare personnel, provide access to further educational support, financial support schemes and access and referral to services outside the school. The Wellbeing Coordinators at Frankston High School are Ms Kirsten Bakker (available Wednesday to Friday) and Ms Michelle Beirouti (Monday and Tuesday. The other member of the Wellbeing Team is our School Chaplain, Ms Linda Hughes, (available Monday, Tuesday, Wednesday and Friday). Ms Hughes is based on the Senior Campus. She is available to students, staff and parents to provide pastoral care and counselling. We are currently in the process of employing another Chaplain for three days a week.

This term the Wellbeing Team will be recommencing the Breakfast Club Program for Years 7—10, every Monday and Friday morning at 8am in Room 16. Lunchtime programs are also being offered by various staff members including games in Room 50 at lunchtime on Mondays, Planet Shakers Program every Friday on the basketball courts. The swimming pool is open each day.

Should you require the support of any member of the Wellbeing Team, please contact the General Office.

You can assist the Wellbeing Team by donating any secondhand text books or uniform items. Items can be left at the General Office.

STUDENT SUPERVISION BEFORE AND AFTER SCHOOL

Please be aware that teachers are on duty in the grounds on the 7—10 Campus from 8:30am before school and again until 3:40pm after school. On the Senior Campus, supervision is from 8am before school and until 3:40pm after school. It is advisable for students to arrive at school after supervision begins unless they have scheduled class time or a planned activity.

Please note that some buses leave after the conclusion of yard duty. Students are expected to behave in a responsible manner when in school uniform, before and after school. The public often contact Frankston High School to comment on the excellent behaviour of students in public areas.
SUSTAINABILITY
Mr Brendan McKinnon—Sustainability Coordinator

At Frankston High School sustainability is important. It does and will have an impact on the futures of all our students and staff. Therefore it is important that it is taken seriously and addressed in as many ways as possible, throughout the school and its wider community.

So far, we have achieved a great deal on the path to becoming a more sustainable school. We have a large water tank connected to some of the school toilets, we have invested in new LED lighting technology, timers are used throughout rooms to cut power when devices are not in use, carbon neutral paper is used for printing and faculties are making more of an effort to purchase more environmentally friendly resources.

On top of this, we have an active student and staff environment group who do their best in guiding sustainable practice throughout the school. However, we always need help with fundraising ideas and contacts. If you can help please email Brendan McKinnon at bmckinnon@fhs.vic.edu.au with any suggestions of ways in which you might be able to help.

This year, with the help of students, parents and staff, I look forward to seeing even more sustainable practices being implemented across the school.

MOBILE PHONE COLLECTION
Mr Brendan McKinnon
Sustainability Coordinator

At Frankston High School we are fortunate to have a mobile phone recycling program run by our Student Sustainability Committee. The program takes mobile phones that may have otherwise wound up in landfill and recycles them through a company, that not only reuses parts, but gives the sustainability committee a commission on each phone collected. This program is significant in a world where there are as many mobile phones as there are people (around 7 billion). Any monies collected by the Sustainability Committee are used to publicise and help fund sustainability initiatives within the school.

*Your support of this program would be greatly appreciated*

The phones can be in any condition, working or not. They may have been submerged in water, kicked across an oval or chewed on by the dog. As long as it’s still recognisable as a phone, we want it. Please ensure that before handing them in that any personal information and sim cards are removed.

Phones can be handed into the office of either campus. Don’t forget to extend your reach; family, friends, acquaintances may all have old mobile phones without somewhere to go.

IMMUNISATION DATES 2013
Mrs Christine Dawe—First Aid Attendant

Please note that the 2013 immunisation dates, which are provided by the Frankston City Council, are as follows:

**Year 7 Students—Boys and Girls**
Friday, 8 March Gardasil (Dose 1)
            Chicken Pox
Friday, 3 May Gardasil (Dose 2)
Friday, 6 September Gardasil (Dose 3)

**Year 9 Students—Boys Only**
Friday, 8 March Gardasil (Dose 1)
Friday, 3 May Gardasil (Dose 2)
Friday, 6 September Gardasil (Dose 3)

**Year 10 Students—Boys and Girls**
Friday, 3 May Boostrix

MEDICATION AT SCHOOL
Mrs Christine Dawe—First Aid Attendant

Parents and guardians are advised that any students who require any medication must leave it at Sick Bay.

The school is prohibited from administering any over the counter medication, including panadol and antihistimines. If you would like your student to have access to these, or any other medications, you must have provided it, with your child’s name and form, to the First Aid Attendant.
DROP OFF ZONE

As we are all aware, we have very limited parking in the Frankston High School grounds for parents picking up their children at the end of the school day.

If you organise to meet your children in the drop off zone and they are not waiting for you when you arrive, please do not block the passage of cars trying to get through. If all of the unofficial spaces to the sides of the drop off zone are occupied when you arrive, please continue through the centre of the drop off zone, turn left out of the school into Foot Street, proceed down to the roundabout at Baileyana Street then do a loop back up and around the Towerhill Road roundabout and back into the drop off zone. Thank you for your cooperation with this request.

Our preference has always been for parents to park in one of the side streets surrounding the school and wait for children to come to you. Thank you very much to the many parents who already do this.

It is much safer for students to be dropped off to school at the gate of Baileyana Street and for them to then walk across the oval.

SCHOOL PHOTO DAY

School photos will be taken on 4 March for the Junior Campus and 7 March for the Senior Campus.

Students will receive an information package. Please read all the information carefully. Students will also receive a timetable of when their class photo will be taken.

On this date, all students are required to be in full summer uniform and have neat hair.

GOGGLES FOR SALE

Lisa Jaensch—Pool Coordinator
$16.00 a pair

Great colours to choose from Available from Lisa at the pool!

1 MONTH FOR JUST $15!

FRANKSTON HIGH SCHOOL FITNESS PASS

Name: ____________________________
From: ____________________________ To ____________________________

Shape Up! Look Good! Have Fun! Feel Great!

Core Health Club
SUPPORTING OUR LOCAL COMMUNITY

Call us 1300 Core Health
1300 207 343

Visit us
313 Nepean Hwy, Frankston
135 Golf Links Road, Frankston South
132 Nepean Hwy, Beaconsfield

FRANKSTON HIGH SCHOOL

The Best Health and Fitness Club servicing the Mornington Peninsula

Validation Stamp - Office Use ONLY
WORKING BEE!
Ms Lee Anne Smith - Assistant Principal

Sunday, 17 March 8am—12pm

Your help is needed please!

On Sunday, 17 March, the Grounds Committee is holding a Working Bee from 8am until 12 noon. We are aiming to plant and mulch the gardens on both campuses.

Working Bees at Frankston High School are very friendly and welcoming. The tasks are suitable for all ages and the work makes such a difference to the appearance of the school.

The school has some gardening tools but it is always helpful if Working Bee members can bring their own as well. We will be mulching, planting as well as doing a general tidy up of the grounds. Wheelbarrows, shovels, secateurs and clippers would be particularly useful.

At the end of the Working Bee there will be a light Thank You lunch provided for everyone who has donated their time to assist in this activity.

Please register online at www.fhs.vic.edu.au if you are able to attend the Working Bee. Alternatively, telephone the General Office or email generaloffice@fhs.vic.edu.au by Thursday, 14 March 2013.

<table>
<thead>
<tr>
<th>SECONDHAND BOOKS STILL AVAILABLE</th>
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<tbody>
<tr>
<td>Anne Thomson</td>
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<tr>
<td>Community Liaison Coordinator</td>
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There are still a number of Second Hand Books available for sale: Please text Anne Thomson on 0409 835 541 or email athomso@fhs.vic.edu.au with enquiries.

**Year 7:**
Alex Jackson Grommet, Touche 1, Touche 2, Hai 2 and 4ED - 5ED Dictionaries.

**Year 8:**
Falling from Grace, The Outsiders, Touche 3, Touche 4, Hai 3, Hai 4.

**Year 9:**

**Year 10:**
Hai Ima, Outdoor & Environmental Studies, Psychology 1&2, Girl with the Pearl Earring.

**Year 11:**

**Year 12:**
Food Solutions 3&4: 3Ed, Acting Smart: Version 6, IT Applications 3&4: 3Ed, Maths Quest 12 Further Mathematics, Health & Human Development 3&4, Cosi, Dressmaker, Two Brothers, Using Language to Persuade.

WORKING BEES 2013
Ms Lee Anne Smith

<table>
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<tr>
<th>Term 1</th>
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<tr>
<td>Sunday, 17 March 8am—12pm</td>
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<tr>
<th>Term 2</th>
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<th>Term 3</th>
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<tr>
<td>Sunday, 8 September 8am—12pm</td>
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<tr>
<th>Term 4</th>
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<tr>
<td>Sunday, 24 November 8am—12pm</td>
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SEEKING HOST FAMILIES
Anne Thomson
Community Liaison Coordinator

We have our annual visit from Osaka Seikei Girls High School, from 18 - 28 March (10 days) this year and I am urgently seeking 31 host families. The Japanese girls are 16 years old, they can share a room and they will be here to experience our food, our school and our culture. Your child does not have to do Japanese to host a Japanese student. A payment of approximately $20 per day is provided to assist with guest expenses.

It is always a challenge to find enough host families so please consider this rewarding experience.

Further enquiries: Anne Thomson 0409 835 541 or athomso@fhs.vic.edu.au
YEAR 7 PARENTS
WINE AND CHEESE NIGHT

Frankston High School
School Council
invites
All Year 7 Parents to our
Annual Wine and Cheese Night

Tuesday, 26 February 2013
at 7pm
in the School Hall

To welcome you to our school
and to give you the opportunity
to meet parents of other Year 7 students.

We will let you know our plans for 2013
and the opportunities we have
for you to be involved with our school.

Year 7 Tutorial Teachers will be present.

Please RSVP via the mauve invitation in the
Orientation Pack by Monday, 18 February.

We look forward to seeing you!
Parking will be available on the
Basketball Courts

BROTHERHOOD OF ST LAURENCE-SAVER PLUS
MATCHED SAVINGS PROGRAM

HELPING VICTORIANS SAVE

Saver Plus is a nationally recognised program that pays
people $1.00 for every $1.00 they save (up to $500.00)
to help pay for education. By joining Saver Plus you
could receive $500.00 to help pay for school items like
computers, community activities, books and uniforms.

The program is Australia’s first matched savings
program, designed to help families achieve a savings
goal, establish a long-term saving habit and pay for
education. It has been recognised by the government
and received a Prime Minister’s award.

To be eligible you must have:
• A child attending school in 2012-2013, or be intending
to attend vocational training yourself in 2012-2013.
• A current health care card or pension card, and
• Regular form of paid employment (yourself or partner).

Please contact Kelly Clem at Brotherhood of St Laurence
on 8781 5937 or email kclem@bsl.org.au for more
information.

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YEAR 9
COASTAL AMBASSADORS CAMP
Ms Lisa Pieropan—Science Co-ordinator

Expressions of interest are now being accepted from Year 9 students interested in the Phillip Island Coastal Ambassadors Program. This great experience encourages students to become ambassadors of the ocean and the environment in their local communities.

Students increase their knowledge of environmental issues while developing their leadership, communication and teamwork skills. Each student takes the lessons learnt from the program back to their school and local community.

The program has two components. The first component is a four-day camp held at Phillip Island Nature Parks working with rangers and researchers. Topics covered in the program include Marine Biology with a focus on little penguins and Australian fur seals, oceanography, sustainability and participating in environmental work. Students also participate in outdoor activities such as surfing and bike riding. Students then undertake an environmental project at their school or local community and present their work during a showcase held later in the year.

There are four program dates available to students, these are:
- Program 1: 24 March 24 to 27 March
- Program 2: 21 April to 24 April
- Program 3: 5 May to 8 May
- Program 4: 26 May to 29 May

For more information please contact Science Coordinator, Ms Lisa Pieropan, or any Year 9 Science teacher. Information can also be found on the Phillip Island Nature Parks Website and by searching Coastal Ambassadors Program 2013.

STUDENT INSURANCE
Ms Carolyn Florance - Business Manager

Parents are reminded that DEECD and Frankston High School do not provide personal accident insurance for students. Parents and guardians are responsible for the cost of medical treatment for injured students, including transport costs.

Student accident insurance policies are available for purchase through JUA Underwriting (ph 9909 7480).

Parents are also reminded that DEECD and Frankston High School do not provide insurance for personal possessions of any description, including motor vehicles, for damage or theft at school or on the school grounds.

EMERGENCY CLOSURES
Mr John Albiston - Principal

The Department of Education and Early Childhood Development (DEECD) website has recently been modified so that parents and carers can more readily access information about emergency closures of schools, early childhood facilities and bus services.

Previously, in some regions, parents and carers could access school and early childhood facility and bus service closure information from region-specific websites.

As of 1 January 2013, all information about closures and cancellations can now be viewed from the department’s external website by clicking on the “Emergency Closures” button at the bottom of the department’s website homepage.

UNIFORM SHOP
Mrs Karen Talbot-Walsh [Manager]

TELEPHONE 9770 0084 (SHOP)

PLEASE NOTE:
Saturday 10 March
Uniform Shop will be closed
for Labour Day long weekend.

TRADING HOURS
Thursday
12:30pm - 1:30pm
3pm - 4pm
7:30pm - 8:30pm

Saturday
10am - 12noon
This Valentine’s Day .... Give a book!

“International Book Giving Day is a day dedicated to getting new, used and borrowed books in the hands of as many children as possible.”

It’s easy! You can: (a) give a book to a friend or family member, (b) leave a book in a waiting room for children to read, or (c) donate a gently used book to a local library, hospital or shelter or to an organisation that distributes used books to children in need internationally.

Free bookplates for your book gifts can be downloaded at www.bookgivingday.com

Staff in the Junior and Senior Resource Centres look forward to supporting all our students with their school and leisure reading.

Share the joy of reading on Valentine’s Day – and every day!

MORNINGTON PENINSULA HOCKEY

Mornington Peninsula Hockey Club is recruiting for its Junior Winter Hockey teams. Teams to suit all age groups, boys and girls from 5 years old.

Free Clinics from 8 February to 1 March
Suitable for 5—14 years of age.
Mouth guards essential. Equipment available to borrow.

Registration Day Sunday, 10 February 11am—2pm
Training commences 19 February

Contact Cheryle on 9766 7478 or email cherylebish-op@optusnet.com.au for more information.

www.mphc.org.au
Parents Building Solutions

Talking about Your Generation

Come along to a Parent and Teen night of food, games and fun! Meet and chat with other parents and teens.
Meet new people  Enjoy a free BBQ  Have fun and laughs

Who: Parents or Carers and their teens age 12 – 18 years

When: Friday, 22nd March 2013

Time: 6.00 – 6.30 pm  BBQ

6.30 – 8.15 pm  Teen group (Games, sports)

6.30 – 8.15 pm  Parent group (Living with Teens)

8.15 – 9.00 pm  Teen and Parent Competitions

Venue: Frankston South Community and Recreation Centre
55 Towerhill Road, Frankston South

Cost: FREE but bookings are essential for catering purposes

To booking or for further information, please contact Imogen on 0439 351 433 or Teneille on 0488 592 621

Anglicare  
Parentzone
How do I get started in the construction industry?

FREE! Real demos – try it out!
Help and advice for study and apprenticeships

Construction Jobs Expo
Tuesday, 26 February 2013; 1:30pm to 4:00pm, Frankston Arts Centre
www.FrankstonLearningCity.com.au

This Project is Funded by the Australian Government Department of Education, Training and Workforce Relations through the Local Employment Coordinator Flexible Funding

FRANKSTON DOLPHINS JUNIOR FOOTBALL CLUB
fdjfc.com.au

GALA REGISTRATION DAY
Sunday 17th February 2013
10 am - 2 pm
Frankston Bombers Football Ground
Greg Beck Oval, Sages Rd, Baxter
(Mel Ref 106 G4)

Our Club is all about fun & personal development of our young players so come along, meet our coaches & register your U9 to U16 child to play with our fantastic Club this season ... & beyond!

BRING THE WHOLE FAMILY FOR FUN ACTIVITIES, ENTERTAINMENT & SKILLS
AND MEET AFL STARS
LUKE BALL & DARREN JOLLY
With thanks to our premier sponsor
Frankston Toyota

REGISTRATION FEES PAYABLE ON DAY
• $180 single player
• $280 2 siblings
• $380 3 or more siblings

APPAREL & GEAR TO PURCHASE OR ORDER
ENQUIRIES:
Lorette Roberts (Registrar) - 0408 102 322

SAT 16TH FEB
JOY ST RESERVE
JOY ST FRANKSTON

In celebration of sustainable living, Joy of the Earth Community Garden invites Frankston locals to come & enjoy a day of free educational workshops, community garden tours, healthy food & children’s activities.

COMMUNITY GARDEN TOURS - 10AM & 1PM

FREE WORKSHOPS

8am Yoga*
9am Welcome & Sacred Tree Planting Ceremony
10.30am Beginners Acupressure your Home
10.30am Intro to Beekeeping
11.30am Edible Gardens
12.30pm Gardening for Health & Wellbeing
1.30pm Kickstart your Garden with Compost

*A gentle yoga class for all - no experience necessary.

CHILDREN’S STORY TIME SESSIONS
@ 10.30AM & 1.30PM

Supported by Frankston City Council, South East Yates, Frankston Interfaith Network and the Rotary Club of Frankston

Frankston Rovers Junior Football Club

REGISTRATION DAY
SUNDAY FEBRUARY 17TH 3-6PM

Club Rooms
Margate Ave, Frankston
2013 SEASON
Under 9’s to Under 16’s

Register and pay your fees on the day and go into the running to WIN A XBOX 360

Nicole Trlep - 0429 061 981 Email: frankstonrovers@yahoo.com.au

18
## Cold Food:

### Sandwiches:
- (Fresh Daily - Bakery - Wholemeal Bread)
  - Vegemite $2.50
  - Ham $2.90
  - Egg and Lettuce $3.30
  - Roast Chicken and Avocado $3.90
  - Plain Salad $3.50
  - (Tomato, Lettuce, Cucumber, Carrot & Beetroot)

### Extras:
- Tomato $0.40
- Cheese, Leg Ham, Avocado $0.50
- Roast Chicken $1.00
- Rolls 0.20 extra
- Toasted 0.20 extra
- Sushi $2.20
- California or Tuna or Vegetarian

### Hot Food:
- Nachos $2.70
- Beef Burger $3.20
- (with Lettuce/Tomato/Sauce)
- Chicken Burger $3.20
- (with Lettuce/Tomato/ Mayo)
- Chicko Roll $2.00
- Sweet Chilli Tenderloin Roll $3.00
- Fish and Chips $4.50
- Hot Dog $2.50
- Patties Beef Pie $3.20
- Patties Sausage Roll $2.50
- Vegetable Pastie $3.20
- Bucket of Hot Chips $2.50
- Potato Goujons $0.30
- Sweet Chilli Tenderloin Roll $3.00
- Chicken Goujons $0.30
- Fantastic Noodles $2.20
- Tenderloin & Salad Roll $3.00
- (with Lettuce/Tomato/Mayo) $3.20
- Vegetable Pastie $3.20
- Bucket of Hot Chips $2.50
- Potato Goujons $0.30
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- Vegetable Pastie $3.20
- Bucket of Hot Chips $2.50
- Potato Goujons $0.30
- Sweet Chilli Tenderloin Roll $3.00
- Chicken Goujons $0.30
- Fantastic Noodles $2.20

## Ice Creams:
- Calippo $0.90
- Icy Twist $1.00
- Cyclone $1.70
- Paddle Pops $1.20
- Sunny Boys $1.00
- Chocolate Shake Cup $2.00

## Cakes & Biscuits:
- Iced Apple Cake $2.20
- Vanilla Slice $2.20
- Hedgehog Slice $2.20
- Caramel Slice $2.20
- Gingerbread Man $1.20
- Choc Chip Cookie $1.30
- Tiny Teddies $0.50
- Tomatoes $0.40

## Drinks:
- Just Juice box $1.50
- Berri Apple Juice 350ml $2.00
- Breakfast Juice 500ml $2.80
- Five Fruits 500ml $2.80
- Big M 250ml (Straw/Choc) $2.00
- Big M 600ml (Straw/Choc/Ban) $3.00
- Dare Iced Coffee 500ml $3.00
- Water - Mt. Franklin $2.00
- Vitamin Water $3.20
- Iced Tea 500ml $3.00
- Iced Tea 250ml $2.00
- Quenches $3.00
- Soft Drink Cans $2.00
- (Coke Zero/Diet Coke/Sprite)
- Mineral Water: Cans $2.00
- Bottle $3.00
- Up & Go (Choc/Straw/Ban/Van) $2.00

## Recess Only:
- Egg & Bacon Muffin $3.00
- Hot Jam Donuts $1.00

## Other:
- Red Rock Deli Chips $2.00
- Mammee Noodle Snacks $0.50
- Eclipse Sugar Free Mints $2.00/$2.50

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*Terms 1 & 4:
- Yoghurt (Assorted) $2.00
- Salad Bowl $3.00
- Fresh Fruit Salad $3.00
- Seasonal Fruit – Apples, Bananas etc.*

*Terms 2 & 3:
- Hot Chocolate $1.50
- Lasagne/Spag. Bol. $3.00

*Watch out for our Weekly Specials*
<table>
<thead>
<tr>
<th>Cold Food:</th>
<th>Ice Creams:</th>
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</thead>
<tbody>
<tr>
<td><strong>Sandwiches:</strong></td>
<td>Lemonade Icy Poles $1.00</td>
</tr>
<tr>
<td>$3.50 - $4.50</td>
<td>Sunny Boys $1.00</td>
</tr>
<tr>
<td>Wraps - Half from $3.50</td>
<td>Frozen Yoghurt $2.00</td>
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<tr>
<td>Fruit Salad $3.50</td>
<td>Calippo $1.00</td>
</tr>
<tr>
<td>Salads $3.50</td>
<td>Thick Shake Paddle Pop $2.30</td>
</tr>
<tr>
<td>Yoghurt &amp; Berries $2.80</td>
<td>Paddle Pop Icy Poles $1.40</td>
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<tr>
<td>Milo (custard) $1.20</td>
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<thead>
<tr>
<th>Hot Food:</th>
<th>Drinks:</th>
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<tbody>
<tr>
<td>Chicken Burger $4.00</td>
<td>Big M 600ml $3.00</td>
</tr>
<tr>
<td>Sweet Chilli Roll $4.00</td>
<td>Big M 250ml $2.00</td>
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<tr>
<td>Veggie Burger $4.00</td>
<td>Water $1.80-$3.20</td>
</tr>
<tr>
<td>Chicken Wraps $4.00</td>
<td>Cans $2.20</td>
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<tr>
<td>Toasted Sandwich $3.00</td>
<td>Bottles 600mls $3.20</td>
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<tr>
<td>Pasta Bolognaise (Terms 2 &amp; 3 only) $3.60</td>
<td>Coke Diet $3.20</td>
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<tr>
<td>Fried Rice Chicken $3.60</td>
<td>Coke Zero</td>
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<tr>
<td>Pastizzi $0.80</td>
<td>Iced Tea $3.30</td>
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<tr>
<td>Croissants - Ham &amp; Cheese $2.60</td>
<td>Just Juice $1.80</td>
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<tr>
<td>Hot Dogs $2.60</td>
<td>Coffee $1.60</td>
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<tr>
<td>Pizza Ham &amp; Pineapple $1.50</td>
<td>Hot Chocolate $1.60</td>
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<td>Chips &amp; Gravy $3.00</td>
<td>Up and Go $2.00</td>
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<td>Wedges &amp; Sour Cream $3.50</td>
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<td>Potato Cakes $1.00</td>
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<tr>
<td>Hash Browns $1.00</td>
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<tr>
<td>Noodles - Beef or Chicken $2.60</td>
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</tr>
<tr>
<td>Sausage Roll &amp; Sauce $2.80</td>
<td></td>
</tr>
<tr>
<td>Spring Roll $2.40</td>
<td></td>
</tr>
<tr>
<td>Chicken Wedges $0.80</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Snacks:</th>
<th>Extras:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cakes &amp; Slices $1.20 - $2.60</td>
<td>Tomato Sauce $0.20</td>
</tr>
<tr>
<td>Biscuits $0.70 - $2.50</td>
<td>(unless included with meal)</td>
</tr>
<tr>
<td>Chips $2.30</td>
<td></td>
</tr>
<tr>
<td>Health Bars $2.10</td>
<td></td>
</tr>
<tr>
<td>Nuts $1.00</td>
<td></td>
</tr>
<tr>
<td>Apple Cakes $2.60</td>
<td></td>
</tr>
<tr>
<td>Tiny Teddy's $0.70</td>
<td></td>
</tr>
</tbody>
</table>

| Stationery:                    |                                      |
|--------------------------------|                                      |
| We also sell assorted stationery items | *Prices subject to change |
A reminder to all Year 10 students and families that the WORK EXPERIENCE ARRANGEMENT FORM needs to be completed by your employer and signed by both student and parents/guardians and returned to the Middle School Office by **FRIDAY, 1 MARCH, 2013**.

Students are reminded that the Certificate from the Safe @ Work GENERAL MODULE test online should also be handed in to the Middle School Office by **FRIDAY, 1 MARCH** if you have not already completed this requirement.

For those wishing to attend Work Experience at the Frankston Hospital, you are advised to meet with Janene Strange in the Careers Room on the Senior Campus on Mondays, Wednesdays or Thursdays to receive a letter of recommendation. Any further enquiries regarding Work Experience can be directed to jstrange@fhs.vic.edu.au

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**MULTI CULTURAL CALENDAR**

We would like to recognise any member of our school community celebrating any of these festivals.

If we have missed any festival, please email us at bgrenad@fhs.vic.edu.au  
Bibi Grenade

<table>
<thead>
<tr>
<th>Date</th>
<th>Festival</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb Sat 2</td>
<td>Candlemas (Christian)</td>
</tr>
<tr>
<td></td>
<td>Imbolc (Pagan)</td>
</tr>
<tr>
<td>Feb Sun 3</td>
<td>Rissun (Setsubun) (Shinto)</td>
</tr>
<tr>
<td>Feb Fri 8</td>
<td>Parinirvana - Nirvana day (Buddhist)</td>
</tr>
<tr>
<td>Feb Sun 10</td>
<td>Chinese New Year (Chinese)</td>
</tr>
<tr>
<td>Feb Mon 11</td>
<td>Our Lady of Lourdes (Christian)</td>
</tr>
<tr>
<td>Feb Tue 12</td>
<td>Shrove Tuesday (Christian)</td>
</tr>
<tr>
<td>Feb Wed 13</td>
<td>Ash Wednesday (Christian)</td>
</tr>
<tr>
<td>Feb Thu 14</td>
<td>St Valentine's Day (Christian)</td>
</tr>
<tr>
<td>Feb Fri 15</td>
<td>Nirvana day (alternative date) (Buddhist)</td>
</tr>
<tr>
<td></td>
<td>Vasant Panchami (Hindu)</td>
</tr>
<tr>
<td>Feb Thu 21</td>
<td>Fast of Esther (Taanit Esther) (Jewish)</td>
</tr>
<tr>
<td>Feb Sun 24</td>
<td>Purim (Jewish)</td>
</tr>
<tr>
<td>Feb Mon 25</td>
<td>Shushan Purim (Jewish)</td>
</tr>
<tr>
<td></td>
<td>Magha Puja (Buddhist)</td>
</tr>
</tbody>
</table>