



*optima semper — best always*



## | *Principal's Welcome* |

Welcome to Frankston High School where our exemplary learning culture is reflected in our school motto: ***Optima Semper: Best Always***. We are very proud of our outstanding reputation as a high performing school of personal and academic excellence. It is the people in our community that make our school such a special place to be: parents who value education, dedicated teachers providing challenging learning experiences and students who rise to meet our high expectations, often exceeding them.

Our priority is to produce model citizens who are well skilled to address the challenges of the 21st Century. Young people who are creative, critical thinkers and independent learners. They are effective communicators and great leaders productively contributing to society. Our graduates leave well equipped with these skills together with excellent VCE results. This enables them to access further learning in the tertiary sector as a pathway to achieving their dreams.

The health and wellbeing of students is supported across all year levels with a variety of programs, catering to age related needs. We provide a diverse range of wonderful learning opportunities that include flying planes, performing in award winning bands, playing sport in state and national championships and visiting and helping village people in third world countries. These are but a few of the many activities on offer at Frankston High School. Consequently our young people enjoy coming to school and graduate ready to make the world a better place.

***John Albiston***

*School Tours for prospective Year 7 students and families take place in April each year. Tour dates and booking information are available on our website [www.fhs.vic.edu.au](http://www.fhs.vic.edu.au). We welcome your enquiries and attendance on school tours to discover for yourself what makes Frankston High School the wonderful place it is.*

# *Welcome*



*Empathy*

## | *Transition* |

Frankston High School is very happy to welcome new students – whether they are Grade 6 students transitioning into Year 7 or students transferring into Years 8–12. Please feel assured that all students and staff are eager to help new students settle in as quickly as possible. This provides them with an immediate sense of belonging to our caring community, whereupon they can take advantage of the excellent educational opportunities on offer.

Our new Year 7 students are given exceptional care and support through our tutorial program. In tutorial time, students take part in many games and activities which help them get to know each other as well as the school. Our student leaders deliver workshops for Year 7 students on the environment, anti-bullying and cyber safety. Such peer support helps to link the Year 7 students with the rest of the student body and provides them with responsible and reliable role models. Year 7 students also attend a camp at the beginning of the year which assists them in building ties with their teachers and helps them to make new friends, not just from their tutorial group, but from across Year 7.

New students entering Years 8–12 are also warmly received. They are matched up with buddies and shown around the school. We connect them with people and programs that can assist in furthering their interests and talents. Students at Frankston High School are very friendly and supportive and new students soon feel a part of the Frankston High School community.



## | *Junior School* |

Our Junior School is comprised of students in Years 7 and 8. It provides an exciting and challenging transition from primary school to high school. Students are able to experience subjects like Science, Geography, History and Information Technology in depth and take part in new subjects such as Drama, Food Technology, Woodwork and Metalwork. This broad range of subjects gives them a taste of many areas of study which assists them in narrowing down their choices in future years.

Whilst in the Junior School, students are also strongly encouraged to take part in the many extra-curricular activities provided, whether it be sport, music, leadership or one of a number of other offerings. This helps them to cement friendships that can last a lifetime.

## | Middle School |

Middle School consists of Years 9 and 10. It varies considerably from most other schools as it is built around an extensive elective program. This program is set up to ensure all students not only receive a broad education but are able to capitalise on their strengths and interests. It is designed around vertical groupings which allow the school to cater more effectively for individual differences. There are a number of advanced classes and Year 10 students are strongly encouraged to undertake a VCE subject. Not only does this prepare them better for Years 11 and 12, it also assists in maximising their ATAR score at the end of Year 12. Accelerated and Advanced classes are offered in VCE; Mathematics, English, Leadership, French, Japanese, Art and Physical Education to suitably gifted and talented students.

To further enhance the Middle School program, Year 9 students take part in Health Week which assists them in focusing on their own health and well-being and enables them to make more informed and responsible decisions. At the same time, Year 10 students participate in Work Experience. This is a very significant opportunity for students to “test out” possible career options. These programs, amongst many others, assist in developing young people who are both knowledgeable and active in designing their own futures in the 21st Century.





## | *The Senior Years* |

The Senior School at Frankston High School includes students from Years 11 and 12 and embraces the Victorian Certificate of Education (VCE) and Vocational Education and Training (VET) courses. We are the only school on the Mornington Peninsula with a designated Senior Campus – an adult learning environment, with a strong culture of academic excellence.

The curriculum encourages students to extend themselves and pursue their interests by accelerating into subjects in the next year level. Most of our Year 10 students accelerate into Unit 1 and 2 VCE by undertaking a study in an area of interest. Similarly most students accelerate into a Unit 3 and 4 VCE study in Year 11. Selected students have the opportunity to undertake a University Enhancement Study in Year 12.

We have a close partnership with Monash University and through our Schools Access Monash program, students access a wide range of aspirational opportunities and activities regarding university education and career pathways.

Each year students are awarded a wide array of prestigious scholarships including the Kwong Lee Dow Scholarship to the University of Melbourne and the Australian Defence Force Long Tan Leadership Awards.

We are very proud of our VCE results and the large number of students who complete Year 12 and achieve excellent results to enter their preferred tertiary education pathway. The school offers extensive careers counselling and support services to maximise the learning opportunities for all students.

High expectations amongst staff and students and a collaborative work ethic among staff, students and their families ensures a strong focus on success in both the VCE and tertiary study. Our focus is to ensure that every student is given every opportunity to achieve their very best.

# *Optimism*

## | The Arts |

Displays of amazing artworks throughout the buildings and grounds are a great tribute to the brilliance of our Visual Arts Program. Year 12 students' final pieces are shortlisted and selected for Top Arts and Designs exhibitions indicating the quality of work is amongst the top in the state. Junior School students have the opportunity to experience all areas of Art. Students in Middle School can choose from a range of engaging art electives including Advanced Drawing, Architecture, Sculpture, Costume Design, Experimental Art, Film Making and Ceramics. This prepares students for selecting from a range of VCE subjects: Studio Arts, Visual Communication, Art and Media.

Annually we have a great celebration of student art at our Artfest. The Artfest exhibits final products from all year levels and attracts art enthusiasts from far and wide to view the many varied pieces which include photography, film, painting, sketching and sculpture.

The Drama, Music and Visual Arts Faculties also work together each year to produce a well-known musical. This is an excellent way to showcase student talent to the local community. Recent productions include *The Wiz*, *Little Shop of Horrors*, *Annie* and *Les Miserable*.



## | Music |



The Instrumental Music Program is one of the highlights of Frankston High School. More than 200 students from Years 7–12 play a wide range of musical instruments and perform regularly at both local and statewide events. They compete each year at competitions like the Melbourne Bands Festival and Mount Gambier National Stage Band Festival, often winning awards.

Our Senior Stage Band was the only Australian school band invited to perform at the World Expo in Nagoya, Japan. Many students have been introduced to instrumental music as they entered Year 7 and have then discovered it to be a passion which will continue with them throughout their lives.

Most importantly, the school bands are an excellent way to promote supportive and cooperative friendship between students of all ages. More experienced musicians share their expertise and encouragement with the younger band members acting as mentors and guides and, in this way, further develop their own leadership skills.

# *Integrity*





## | *Tablet Program* |

Frankston High School is a world leader in the use and application of technology in education. Our school has led government and independent schools in the introduction and application of personal notebook computer programs and curriculum initiatives for the past 18 years.

Frankston High School was the first state school in Australia to utilise personal laptop computers as learning devices and, more recently, the first to introduce tablet notebooks to maximise student learning outcomes. To date, close to 3,000 students have participated in our laptop and tablet programs.

Along with our staff expertise, Frankston High School's technological infrastructure allows our Tablet Program to thrive, providing true '24/7' learning opportunities, anywhere in the world.

## | *Student Leadership* |



# *Responsibility*

At Frankston High School, our Student Leadership Committee (SLC) has a strong history of being actively involved in the decision-making processes of our large dual-campus school. We have active membership of approximately 80 students from Year 7–12.

Each year the school elects two School Captains and two Deputy School Captains from the Year 12 cohort. Our School Captains' first duty is to interview and select our Year Level Captains' from Years 7–11.

The SLC meet once a week on both the 7–10 and Senior Campuses to work on activities including social events, leadership training, fund raising, engendering school spirit and improving student facilities. The students also work in cross-age interest groups such as Environment, Internationalism, Social Justice and Publicity.

All Year 8 students develop an awareness of global citizenship through the High Resolves Program. It raises their awareness of world issues and the role they can play in redressing disadvantage locally, nationally and internationally.

To further promote the development of leadership skills, we have introduced The Leadership Academy at Year 9. Selected students are invited to participate in a semester length unit focused on expanding students' independence, creativity and problem-solving skills as well as emphasizing effective teamwork and community involvement.



## | Sport |

Frankston High School has a long history of excellence in Sport at the local, state, national and international level. We are recognised for our outstanding participation, programs and success which we continue to achieve in both individual and team sports. For the past 16 consecutive years, we have been School Sport Victoria State Athletics Champions and have earned the title of one of the top sporting schools in Victoria based on our team performances at State Swimming and Cross Country.

Our 'Semper Squad' program is our most recent innovation. It engages interested students in a high quality training program run by top local coaches and experienced staff. This program offers students before and after school training sessions with each term having a different focus. It allows our students to develop their personal fitness and learn skills which will significantly benefit their participation in other sports of personal interest. Whilst this is a highly specialised program, it is open to all interested students, regardless of their ability level.

The sport program at Frankston High School aims to provide all students with the opportunity to participate in a wide range of sporting activities. We are very successful in getting all students involved in our sporting program and finding sports that they can particularly enjoy.



## | *Beyond The Classroom* |



Aviation, Surf Lifesaving and Outdoor Education are only three examples of the exciting subjects students can study at Frankston High School. Middle School students can learn the physics of flight, use flight simulators and ultimately have their first flying lesson through Frankston High School's Aviation Program. Surf Lifesaving not only provides students with valuable training but gives them the skills to become active, valued members of local lifesaving clubs. They are able to earn their Bronze Medallion as well as compete in statewide lifesaving events.

Outdoor Education provides students with a range of opportunities including bike riding, hiking, horse riding, canoeing, kayaking and cross country skiing whilst teaching students to value and protect our natural environment. Students can take part in events such as the Great Victorian Bike Ride and Human Powered Vehicle – fun ways to stay healthy in body and spirit.



*Persistence*

## | *International Connections* |

A global approach to teaching and learning is demonstrated by our strong international connections. Our sister schools in Japan and France ensure regular student exchanges and biennial visits between schools. Frankston High School also has a special relationship with Frankston's sister city in Japan, Susono. We have a third sister school, in Soweto, South Africa, which allows us to sponsor students from Letsibogo Girls' High School to study at Frankston High School. This gives our students valuable insights into other customs and cultures. Our classrooms are enriched by international students worldwide who choose to study at Frankston High School. Many of our local students also access other student exchange programs to undertake study abroad.

Frankston High School students also have the opportunity to participate in a World Challenge Expedition to South East Asia. The expeditions teach life skills and expand minds outside the classroom, during a demanding four week journey through areas of breathtaking beauty and astonishing poverty. Built into the expedition is a range of community project work such as teaching English in an orphanage or undertaking construction projects in a school. This unique expedition is one of the most exhilarating and rewarding experiences available to high school students.

# *Respect*





## Vision

Together we become  
purposeful learners

97 Foot Street,  
Frankston, Victoria 3199  
t. +61 3 9783 7955  
f. +61 3 9783 7689  
e. [office@fhs.vic.edu.au](mailto:office@fhs.vic.edu.au)

[www.fhs.vic.edu.au](http://www.fhs.vic.edu.au)

Empathy

Integrity

Optimism

Persistence

Respect

Responsibility